

**Cash Grands
For Adult Blackbelts**

The Greater Portland School of Jukado

**2 Jr. Blackbelt
Grands**

22nd Annual Friendship Tournament

**Special
award teams of
20 or more**

2019

**FLAG SPARRING
COMPETITION**

**2 colored
belt grands**

友

(Chinese Character for Friendship)

Come test your Martial Arts skills at the 23rd Annual Friendship Tournament
Grand Championship Awards for Colored Belts and Jr. Black Belts based on a Point system.
Cash Awards for Adult Black Belt Grand Championship!

CHECK OUT OUR SPECIAL "FLAG SPARRING" FOR AGES 4 - 12

I.P.P.O.N.E. RATED - SMART RATED

When: Saturday, June 15th, 2019
Where: University of Southern Maine
Costello Sports Complex
Gorham, Maine 04038

**Credit cards
accepted**

Time: Registration: 7:00 - 9:00am
Flag Sparring starts at 8:00am SHARP!
Blackbelt Meeting 9:15am
Opening Ceremonies / Start of Tournament 9:30am
Followed by regular competition!

**Jukado
cafe**

Fee: Pre-Registration: \$55 (Up to 3 events)
Deadline ~ June 6, 2019
Registration after June 6th and at the door \$65
(Up to 3 events)
Spectators ~ \$10.00
Children 6 - 12 & over ~ \$5.00
Children 5 & under ~ Free!
(Please call for family discount)

**Whistle Kick
Sparring Gear**

Special Award for Best Supporting School and their Team Members
Team Trophy presented to Teams with 20 or more Competitors!

CENTURY
World Leader in Martial Arts Since 1976

Tournament Rules

Full uniforms must be worn. Gi pants must be worn with appropriate Gi jackets!

All competitors must wear the following gear:

Flag Sparring

Mouth Piece
*Headgear

Kumite

Mouth Piece
*Headgear
Shin guards(optional)
*Foot Guards

*Hand Protectors
Males – Cup
Chest Protector (Optional)

***Mandatory Foam Dipped Gear**

Ringstar Footgear is acceptable!

Colored Belts:

Kumite - matches will be 5 points with no time limit.

Flag Sparring – 1-minute time limit. Each time out of bounds loose 1 flag.

Black Belts:

Kumite – matches will be 7 points with no time limit.

Once byes are issued, no late entries will be allowed. This rule will be strictly enforced!

Kumite

Flag Sparring

Scoring:

Light contact to padded area of headgear
Chest target area
Light contact to Face Shield
2 pts - Kick
1 pt - Punch/Hand technique

No striking to groin
No striking to knees
No head butts
No kidney shots
No foot sweeps
No contact to face

1 minute time limit
Loss of flag everytime you step on the boundary line or go out of bounds
No sliding or falling to the floor
No grabbing of arms, body, belt, etc.
Only thing you are allowed to grab is the flag
Must stay on your feet

Single elimination for Kumite and Flag Sparring

Any questions regarding the Tournament or rules, please call Doshu Allan Viernes at (207) 854 9408.

TOURNAMENT DIRECTIONS

GPS – 37 College Avenue, Gorham, ME 04038

FROM NORTH/SOUTH I95

TAKE EXIT 47 - WESTBROOK (Formally exit 7B)

ONCE OFF TURNPIKE, TAKE LEFT AT FIRST TRAFFIC LIGHT TOWARDS WESTBROOK. (Route 25 West)

PROCEED STRAIGHT ALL THE WAY INTO THE CENTER OF GORHAM ON ROUTE 25 WEST (APPROX. 5 MILES) – CUMBERLAND FARMS WILL BE ON YOUR LEFT

TAKE A RIGHT AT THE INTERSECTION OF ROUTE 25 AND 114 – AMATO'S WILL BE ON YOUR LEFT.

**CONTINUE DOWN ROUTE 114, TAKE A LEFT AT BLINKING YELLOW LIGHT.
GO TO THE TOP OF THE HILL. TOURNAMENT WILL BE ON YOUR RIGHT.**

GOOD JOB! YOU'RE HERE, HAVE A GREAT DAY!

THERE WILL BE SIGNS DIRECTING YOU FROM EXIT 47 TO USM - GORHAM

23rd Annual Friendship Tournament Colored Belt Registration Form

Saturday June 15th, 2019 ~ University of Southern Maine, Gorham ME

Name _____ Age _____ Sex _____
 Address _____ City _____ State _____
 Zip Code _____ Phone _____ Martial Arts Rank _____
 Instructors Name _____ Martial Arts School Name _____

For Pre-Registration* send \$55.00 (up to 3 events) before **June 6, 2019!** Registration after June 6, 2019 and at the door will be \$65.00 (up to 3 events).

Send payments to:

Allan Viernes, 7 Pinecone Lane, Gorham, ME 04038

For more information please call: **207-415-4086**

*All forms sent in the mail must be post-marked June 6, 2019 or before to qualify for discount.

Circle One	Kumite	Kata	Colored Belt Divisions (Forms & Fighting)	Co – Ed Colored Belt Divisions Starts @ 8:00am Sharp!
F / M	<input type="checkbox"/>	<input type="checkbox"/>	5 & under (All Ranks)	<input type="checkbox"/> Flag Sparring – 4 to 6 year olds – white, yellow, orange
F / M	<input type="checkbox"/>	<input type="checkbox"/>	6 – 7 white, yellow, orange	<input type="checkbox"/> Flag Sparring – 4 to 6 year olds – blue, green, purple
F / M	<input type="checkbox"/>	<input type="checkbox"/>	6 – 7 blue, green , purple	<input type="checkbox"/> Flag Sparring – 7 to 9 year olds – white, yellow, orange
F / M	<input type="checkbox"/>	<input type="checkbox"/>	6 – 7 red, brown	<input type="checkbox"/> Flag Sparring – 7 to 9 year olds – blue, green, purple
F / M	<input type="checkbox"/>	<input type="checkbox"/>	8 – 9 white, yellow, orange	<input type="checkbox"/> Flag Sparring – 10 to 12 year olds – white, yellow, orange
F / M	<input type="checkbox"/>	<input type="checkbox"/>	8 – 9 blue, green, purple	<input type="checkbox"/> Flag Sparring – 10 to 12 year olds – blue, green, purple
F / M	<input type="checkbox"/>	<input type="checkbox"/>	8 – 9 red, brown	
F / M	<input type="checkbox"/>	<input type="checkbox"/>	10 – 11 white, yellow, orange	<u>Weapon's (Blue belts & up)</u>
F / M	<input type="checkbox"/>	<input type="checkbox"/>	10 – 11 blue, green , purple	<input type="checkbox"/> Boy's 7 & under
F / M	<input type="checkbox"/>	<input type="checkbox"/>	10 – 11 red, brown	<input type="checkbox"/> Girl's 7 & under
F / M	<input type="checkbox"/>	<input type="checkbox"/>	12 – 13 white, yellow, orange	<input type="checkbox"/> Boy's 8-9
F / M	<input type="checkbox"/>	<input type="checkbox"/>	12 – 13 blue, green, purple	<input type="checkbox"/> Girl's 8-9
F / M	<input type="checkbox"/>	<input type="checkbox"/>	12 – 13 red, brown	<input type="checkbox"/> Boy's 10-11
F / M	<input type="checkbox"/>	<input type="checkbox"/>	14 – 15 white, yellow, orange	<input type="checkbox"/> Girl's 10-11
F / M	<input type="checkbox"/>	<input type="checkbox"/>	14 – 15 blue, green, purple	<input type="checkbox"/> Boy's 12-13
F / M	<input type="checkbox"/>	<input type="checkbox"/>	14 – 15 red, brown	<input type="checkbox"/> Girl's 12-13
F / M	<input type="checkbox"/>	<input type="checkbox"/>	16 – 17 white, yellow, orange	<input type="checkbox"/> Boy's 14-15
F / M	<input type="checkbox"/>	<input type="checkbox"/>	16 – 17 blue, green, purple	<input type="checkbox"/> Girl's 14-15
F / M	<input type="checkbox"/>	<input type="checkbox"/>	16 – 17 red, brown	<input type="checkbox"/> Boy's 16-17
F / M	<input type="checkbox"/>	<input type="checkbox"/>	18 to 29 years old – white, yellow, orange	<input type="checkbox"/> Girl's 16-17
F / M	<input type="checkbox"/>	<input type="checkbox"/>	18 to 29years old – blue, green, purple	<input type="checkbox"/> Adult Male 18-29
F / M	<input type="checkbox"/>	<input type="checkbox"/>	18 to 29 years old – red, brown	<input type="checkbox"/> Adult Female 18 -29
F / M	<input type="checkbox"/>	<input type="checkbox"/>	30 to 39 years old – white, yellow, orange	<input type="checkbox"/> Adult Male 30-39
F / M	<input type="checkbox"/>	<input type="checkbox"/>	30 to 39 years old – blue, green, purple	<input type="checkbox"/> Adult Female 30-39
F / M	<input type="checkbox"/>	<input type="checkbox"/>	30 to 39 years old – red, brown	<input type="checkbox"/> Adult Male 40-49
F / M	<input type="checkbox"/>	<input type="checkbox"/>	40 to 49 – white, yellow, orange	<input type="checkbox"/> Adult Female 40 -49
F / M	<input type="checkbox"/>	<input type="checkbox"/>	40 to 49 –blue, green, purple	<input type="checkbox"/> Adult Male 50 & up
F / M	<input type="checkbox"/>	<input type="checkbox"/>	40 to 49- red, brown	<input type="checkbox"/> Adult Female 50 & up
F / M	<input type="checkbox"/>	<input type="checkbox"/>	50 & up – All Ranks	<input type="checkbox"/> Physically Challenged – All Ages/ All Ranks

Friendship Tournament Liability and Release Form

I, the undersigned, agree to and understand that Allan L. Viernes, Jennifer L. Viernes, Jukado INC., and The Greater Portland School of Jukado will exercise their rights and the rights of all those involved, to prevent or to further prevent participation to any individual, club or organization that is or may be disruptive to the smooth functioning of this tournament. I also understand that any and all entry fees are non-refundable. I agree that I am competing at my or my legal guardians own risk and I (we) will not hold Allan L. Viernes, Jukado INC., The Greater Portland School of Jukado, University of Southern Maine, I.P.P.O.N.E., S.M.A.R.T., any persons / volunteers associated with the running of this tournament, Tournament Sponsors or any of their members or employees liable for any injuries or losses sustained during or as a result of this tournament. It is further understood that any medical treatment I may receive at this tournament will be of First Aid only. I (we) state that I am of healthy body and mind. I (we) waive any reimbursement for any pictures and / or videos that may be taken of me for promotional use. By signing this form, I (we) have read and fully understand all tournament rules and will abide by them.

Date _____ Signed _____
(Signature of competitor)

Date _____ Signed _____
(if under 18 - Signature of parent or legal guardian)

23rd Annual Friendship Tournament Black Belt Registration Form

Saturday June 15th, 2019 ~ University of Southern Maine, Gorham ME

Name _____ Age _____ Sex _____
 Address _____ City _____ State _____
 Zip Code _____ Phone _____ Martial Arts Rank _____
 Instructors Name _____ Martial Arts School Name _____

For Pre-Registration* send \$55.00 (up to 3 events) before **June 6, 2019!** Registration after June 6, 2019 and at the door will be \$65.00 (up to 3 events). **Send payments to:**

Allan Viernes, 7 Pinecone Lane, Gorham, Maine 04038

For more information please call: **207-415-4086**

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Adult Black Belt Divisions (18 years old & up) Some Adult Divisions may start at 9:00am!	Junior Black Belt Divisions (17 years old & under)
<input type="checkbox"/> Weapons – 18 to 29 year old Men <input type="checkbox"/> Weapons – 18 to 29 year old Women <input type="checkbox"/> Weapons – 30 to 39 year old Men <input type="checkbox"/> Weapons – 30 to 39 year old Women <input type="checkbox"/> Weapons – 40 & up Men <input type="checkbox"/> Weapons – 40 & up Women <input type="checkbox"/> Kata – 18 to 29 year old Men <input type="checkbox"/> Kata – 18 to 29 year old Women <input type="checkbox"/> Kata – 30 to 39 year old Men <input type="checkbox"/> Kata – 30 to 39 year old Women <input type="checkbox"/> Kata – 40 to 49 year old Men <input type="checkbox"/> Kata – 40 to 49 year old Women <input type="checkbox"/> Kata – 50 & up Men <input type="checkbox"/> Kata – 50 & up Women <input type="checkbox"/> Kumite – 18 to 29 year old Men <input type="checkbox"/> Kumite – 30 to 39 year old Men <input type="checkbox"/> Kumite – 40 to 49 year old Men <input type="checkbox"/> Kumite – 50 & up Men <input type="checkbox"/> Kumite – 18 to 29 year old Women <input type="checkbox"/> Kumite – 30 to 39 year old Women <input type="checkbox"/> Kumite – 40 to 49 year old Women <input type="checkbox"/> Kumite – 50 & up Women	<input type="checkbox"/> Weapons – 12 year old & under Boys <input type="checkbox"/> Weapons – 12 year old & under Girls <input type="checkbox"/> Weapons – 13 to 15 year old Boys <input type="checkbox"/> Weapons – 13 to 15 year old Girls <input type="checkbox"/> Weapons – 16 to 17 year old Boys <input type="checkbox"/> Weapons – 16 to 17 year old Girls <input type="checkbox"/> Kata – 12 year old & under Boys <input type="checkbox"/> Kata – 12 year old & under Girls <input type="checkbox"/> kata – 13 to 15 year old Boys <input type="checkbox"/> kata – 13 to 15 year old Girls <input type="checkbox"/> Kata – 16 to 17 year old Boys <input type="checkbox"/> Kata – 16 to 17 year old Girls <input type="checkbox"/> Kumite – 9 year old & under Boys <input type="checkbox"/> Kumite – 9 year old & under Girls <input type="checkbox"/> Kumite – 10 to 12 year old Boys <input type="checkbox"/> Kumite – 10 to 12 year old Girls <input type="checkbox"/> Kumite – 13 to 15 year old Boys <input type="checkbox"/> Kumite – 13 to 15 year old Girls <input type="checkbox"/> Kumite – 16 to 17 year old Boys <input type="checkbox"/> Kumite – 16 to 17 year old Girls <input type="checkbox"/> Physically Challenged Kata/Weapons/Kumite – All Ages – Co-Ed

Any Black Belts interested in officiating, please check this box. There will be a Black Belt / Officials meeting prior to the start of the tournament. We would like to have as many different styles of Black Belts judging as possible. ***All judges must be in complete Gi uniform.***

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Date _____ Signed _____
(Signature of competitor) (If under 18 - Signature of parent or legal guardian)

TOURNAMENT HOTEL

SUPER 8 OF WESTBROOK

208 Larrabee Road, Westbrook, Maine 04092
(207) 854-1881

Exit 48, proceed through the tolls, we are the second driveway on the right!

- Only 4 miles from Tournament location!
- Included in our rate is a Super Start Breakfast-fresh baked Muffins, boiled eggs and much more each morning!
 - Newly Renovated Rooms
 - Indoor Swimming Pool and hot tub!
 - Fax and copy service
 - HBO, local calls and wireless INTERNET
- Above all, the BEST customer service in town!

The Super 8 of Westbrook is pleased to offer a Special Rate to participants of the 23rd Annual Friendship Tournament:

\$73.06

*Plus 7% Maine State Sales Tax,

This rate will be based on availability. After that all rooms will be offered at our best available rate. Rooms will be held till May 28th for Special Rate.

Call reservations today at 207-854-1881 and ask for the Friendship Tournament / Greater Portland School of Jukado Rate

Tournament Party

Will be held at Stockhouse Restaurant & Sports Pub from 6:00 - 9:00pm. Address for Stockhouse Restaurant is 506 Main St. in Westbrook, Maine. There will be a full menu to order from and many drink specials! Come and enjoy the fun! Theme of this year's party will be Sports, come and wear any jersey you prefer! lots of prizes and Fun!!

PLEASE DRINK RESPONSIBLY!!!

Allan Viernes
7 Pinecone Lane
Gorham, Maine 04038