

SURVIVAL OF THE FITTEST

OPEN MARTIAL ARTS CHAMPIONSHIPS

Saturday, October 4, 2025



Windsor High School 50 Sage Park Rd. – Windsor, CT



Door registration begins at 7:30AM

SELF-DEFENSE DIVISION STARTS AT 8:30AM

CASH AWARD FOR ADULT BLACK BELT GRAND CHAMPIONS





Dear Martial Artists and Supporters,

We hope that you will join us for the 2025 Survival of the Fittest Open Martial Arts Championships!

Thank you for your support at prior tournaments. We look forward to your participation in making this year's event even more successful. We encourage positive, healthy sportsmanship and are confident you will enjoy this event. Thank you in advance for your support and good luck to all.

Yours in the Martial Arts, Professor James Gadson

Date: Saturday, October 4, 2025 – Opening Ceremony will begin after Self-Defense Grands

Location: Windsor High School – 50 Sage Park Rd. – Windsor, CT 06095

Rating: I.P.P.O.N.E. and Tri-State Referee Association Rated

Pre-Registration: \$60.00 for up to 3 events and \$70 for up to 4 events if registered by September 26, 2025.

Absolutely no refunds.

Make checks payable to: James Gadson, 893 Plymouth St, Windsor, CT 06095

Registration: \$70.00 for up to 3 events and \$80 for up to 4 events on the day of the tournament. No

checks accepted at the door please. Registration tables open at 7:30a.m.

Self Defense

All self-defense competitors must be ready to compete at 8:15a.m. Division will start

Division: promptly at 8:30a.m.

Weapons Division: Youth 17 and younger – Intermediate, Advance, Black belts

Adult divisions - All ranks

Please Note: Some adult black belt divisions will begin immediately after self-defense grand

championships. Don't miss your division. Sorry, no refunds.

Spectator Fee: \$10.00 (Ages 13 & up); \$5.00 (Ages 6-12); Ages 5 and under – Free

Grands: Cash for Adult Black Belts; Unique Prizes for Jr. Black Belts

Safety Equipment: Soft-padded (non-cloth) hands (fingers and thumb covered), feet (all toes covered),

headgear and mouthpiece are mandatory in all fighting divisions. Protective cup is

mandatory for all male competitors. Ringstar footgear is acceptable in black belt divisions.

Light contact to face is allowed in adult and youth black belt divisions only.

Special Request: All Black Belts officiating please wear a gi or school uniform.

Coaching: Respectful coaching is allowed.

Survival of the Fittest Presents Masters of Self Defense Showdown

"Special Event Prior to the Opening Ceremony"

Starts at 8:30a.m. Sharp

An opportunity for schools to represent their expertise and demonstrate skill and proficiency in self-defense technique

- All competitors must be at least 18 years of age.
- Competitors will have a maximum of three minutes to provide a demonstration of their skills.
- Judges will look for fluidity of technique, level of difficulty, execution, and effectiveness. Control over the attacker is imperative. Multiple attackers will be considered in the judges' score.
- There will be five judges for this division.
- All divisions will be coed.

Categories for under belts in this competition are:

Adult Beginners – Ages 18 and Up

Adult Int/Adv – Ages 18 and Up

Categories for Black Belts in this competition are:

Adult Black Belt Ages 18-34

Adult Black Belt Ages 35-49

Adult Black Belt Ages 50 and Up

Grand Championship for this Special Event!

Cash Prize for Grand Champion

SURVIVAL OF THE FITTEST

State	Name			
Novice (Wht-Yel-Org) Intermediate (Green, Purple, Blue) Advance (Red, Brown)				
	City	State	Zip	Novine (M/ht Vol Orm)
Martial Arts School Instructor Email				
Forms				
Forms	Instructor			Auvanos (nou, Brown)
Forms				
Sirls Boys	Liliali			
Sirls Boys	Forms □ Fighting □	Youth Weapons	Forms Fighting	Self Defense
Nomen Men STARTS AT 8:30AM SHARP	Girls Boys	Int. & Adv.	Weapons □	
6 & under				STARTS AT 8:30AM SHARP
7 & 8 Novice		- 0.01/		- 40 - 0
7 x 8 lnter.		_		-
7 & 8 Adv.		• •		
□ 9 & 10 Novice □ 11 & 12 Girls □ 35 & Up Int. □ Black Belt 50 and Up Coed □ 9 & 10 Inter. □ 11 & 12 Boys □ 35 & Up Adv. □ 9 & 10 Adv. □ 13 & 14 Girls □ 13 & 14 Boys □ 11 & 12 Inter. □ 15-17 Girls □ 11 & 12 Adv. □ 11 & 12 Adv. □ 15-17 Boys □ 38 & 14 Novice □ 13 & 14 Inter. □ 13 & 14 Inter. ■ 13 & 14 Adv. □ 13 & 14 Adv. ■ Physically Challenged ■ Windsor, CT 06095 □ 15 - 17 Novice □ Weapons □ JGSOMA96@GMAIL.COM □ 15 - 17 Inter. □ Fighting □ Forms ■ 11 & under Girls □ 11 & under Boys □ 11 & under Boys □ 11 & under Boys □ 11 & under Boys □ 11 & under Boys □ 12 & 13 Girls □ 12 & 13 Girls □ 12 & 13 Girls □ 14 & 15 Girls □ 14 & 15 Boys □ 14 & 15 Boys □ 16 & 17 Girls □ 16 & 17 Girls □ 16 & 17 Girls □ 16 & 17 Boys □ 16 & 17 Girls □ 16 & 17 Girls □ 16 & 17 Boys □ 16 & 17 Girls □ 16 & 17 Girls □ 16 & 17 Boys □ 16 & 17 Boys □ 16 & 17 Boys <td></td> <td></td> <td></td> <td></td>				
□ 9 & 10 Inter. □ 11 & 12 Boys □ 35 & Up Adv. □ 9 & 10 Adv. □ 13 & 14 Girls □ 11 & 12 Novice □ 13 & 14 Boys □ 11 & 12 Adv. □ 15-17 Boys □ 15-17 Boys □ 13 & 14 Novice □ 13 & 14 Novice □ 13 & 14 Inter. □ 13 & 14 Novice □ 33 & 14 Inter. □ 13 & 14 Inter. □ 15-17 Novice □ Weapons □ 15-17 Inter. □ Fighting □ 15-17 Novice □ Weapons □ 15-17 Novice □ Windsor, CT 06095 □ Up to 3 Events \$60 □ Up to 3 Events \$60 □ Up to 3 Events \$60 □ Up to 3 Events \$70 □ 11 & under Girls □ 11 & under Girls □ 11 & under Boys □ 11 & under Boys □ 12 & 13 Girls □		•	•	
□ 9 8 10 Adv. □ 13 8 14 Boys □ 11 8 12 Novice □ 15 17 Girls □ 11 8 12 Inter. □ 15-17 Boys □ 13 8 14 Novice □ 13 8 14 Novice □ 13 8 14 Inter. □ 13 8 14 Inter. □ 13 8 14 Adv. Physically Challenged □ 13 8 14 Adv. □ Weapons □ 15 - 17 Inter. □ Fighting □ 15 - 17 Adv. □ Forms Pre-Reg Due By 9/26/25 □ Up to 3 Events \$60 Black Belt Weapons □ 11 & under Girls □ 11 & under Boys □ 11 & under Girls □ 11 & under Boys □ 11 & under Boys □ 12 & 13 Girls □ 12 & 13 Girls □ 12 & 13 Girls □ 12 & 13 Boys □ 14 & 15 Girls □ 14 & 15 Girls □ 14 & 15 Boys □ 14 & 15 Girls □ 16 & 17 Girls □ 16 & 17 Boys □ 16 & 17 Girls □ 16 & 17 Boys □ 16 & 17 Girls □ 16 & 17 Boys □ 14 & 15 Boys □ 14 & 15 Boys □ 14 & 15 Boys □ 14 & 15 Boys □ 16 & 17 Girls □ 16 & 17 Boys □ Women 18-34 □ Wom			•	☐ Black Belt 50 and Up Coed
□ 11 & 12 Novice □ 13 & 14 Boys □ 15-17 Girls □ 15-17 Boys □ 13 & 14 Novice □ 13 & 14 Novice □ 15-17 Boys □ 13 & 14 Novice □ 13 & 14 Inter. □ Physically Challenged □ 15-17 Novice □ Weapons □ 15-17 Novice □ Fighting □ 15-17 Inter. □ Fighting □ 15-17 Adv. □ Forms □ 15-17 Adv. □ Forms □ 11 & under Girls □ 11 & under Boys □ 12 & 13 Girls □ 12 & 13 Boys □ 12 & 13 Boys □ 12 & 13 Boys □ 14 & 15 Girls □ 16 & 17 Girls □ 17 Girls		•	⊔ 35 & Up Adv.	
□ 11 & 12 Inter. □ 15-17 Girls □ 11 & 12 Adv. □ 15-17 Boys □ 13 & 14 Novice □ Wapons □ 15 - 17 Novice □ Weapons □ 15 - 17 Inter. □ Fighting □ 15 - 17 Adv. □ Forms □ 15 - 17 Adv. □ Forms □ 15 - 17 Inter. □ Forms □ 11 & under Girls □ 11 & under Girls □ 11 & under Girls □ 11 & under Boys □ 11 & under Boys □ 12 & 13 Girls □ 14 & 15 Boys □ 14 & 15 Boys □ 16 & 17 Girls □ 17 Women 18-34 □ Women 18-34 □ Women 18-34 □ Women 18-34 □ Women 35-44 □ Women 35-44 □ Women 35-44 □ Women 45-54 □ Women 45-54 □ Women 55+				
□ 11 & 12 Adv. □ 15-17 Boys □ 13 & 14 Novice □ 13 & 14 Inter. □ 15 - 17 Novice □ Weapons □ 15 - 17 Novice □ Fighting □ 15 - 17 Inter. □ Fighting □ 15 - 17 Adv. □ Forms □ 11 & under Girls □ 11 & under Boys □ 12 & 13 Girls □ 14 & 15 Boys □ 14 & 15 Boys □ 14 & 15 Boys □ 16 & 17 Girls □ 17 Girl		•		
□ 13 & 14 Novice □ 13 & 14 Inter. □ 13 & 14 Inter. □ 13 & 14 Inter. □ 13 & 14 Adv. □ Physically Challenged □ 15 - 17 Novice □ Weapons □ 15 - 17 Inter. □ Fighting □ 15 - 17 Adv. □ Forms □ 11 & under Girls □ 11 & under Boys □ 12 & 13 Girls □ 14 & 15 Boys □ 14 & 15 Boys □ 16 & 17 Girls □ 16 & 17 Girls □ 16 & 17 Boys □ Women 18-34 □ Women 18-34 □ Men 18-34 □ Men 18-34 □ Men 35-44 □ Women 35-44 □ Women 45-54 □ Women 55+ □ Windsor, C To6095 □ Mindsor, C To6095 □ Min				Make Charke Devahle to
□ 13 & 14 Inter. □ 13 & 14 Adv.		⊔ 15-17 Boys		
□ 13 & 14 Adv.				
□ 15 - 17 Novice □ Weapons □ 15 - 17 Inter. □ Fighting □ 15 - 17 Adv. □ Forms □ 15 - 17 Adv. □ Forms □ 15 - 17 Adv. □ Forms □ 11 & under Girls □ 11 & under Girls □ 11 & under Girls □ 11 & under Boys □ 11 & under Boys □ 11 & under Boys □ 12 & 13 Girls □ 12 & 13 Girls □ 12 & 13 Girls □ 12 & 13 Boys □ 12 & 13 Boys □ 12 & 13 Boys □ 14 & 15 Girls □ 16 & 17 Girls □ 16 & 17 Girls □ 16 & 17 Boys □ 17 Women 18-34 □ Women 35-44 □ Women 35-54 □ Women 45-54 □ Women 45-54 □ Women 55+		Dhysically Challenged		
□ 15 - 17 Inter. □ Fighting □ 15 - 17 Adv. □ Forms Pre-Reg Due By 9/26/25 Up to 3 Events \$60				
15 - 17 Adv.		-		JOSOWA POW CHIAIL COM
Pre-Reg Due By 9/26/25				
Black Belt Weapons	13 - 17 Adv.	LI TOTTIS		Pre-Reg Due Ry 9/26/25
Black Belt Weapons Black Belt Forms Black Belt Fighting □ 11 & under Girls □ 11 & under Girls □ 11 & under Girls □ 11 & under Boys □ 11 & under Boys □ 11 & under Boys □ 12 & 13 Girls □ 12 & 13 Girls □ 12 & 13 Girls □ 12 & 13 Boys □ 12 & 13 Boys □ 12 & 13 Boys □ 14 & 15 Girls □ 14 & 15 Girls □ 14 & 15 Girls □ 14 & 15 Boys □ 14 & 15 Boys □ 14 & 15 Boys □ 16 & 17 Girls □ 16 & 17 Girls □ 16 & 17 Boys □ 16 & 17 Boys □ 16 & 17 Boys □ 16 & 17 Boys □ Women 18-34 □ Women 18-34 □ Women 18-34 □ Women 35-44 □ Women 35-44 □ Women 35-44 □ Women 45-54 □ Women 45-54 □ Women 45-54 □ Women 55+ □ Women 55+ □ Women 55+ Up to 4 Events \$70 Up to 3 Events \$70 Up to 4 Events \$80 COMPETITORS - NO CHECKS ON DAY OF EVENT SPECTATORS - CASH PAYMENT ON DAY OF EVENT				
□ 11 & under Girls □ 11 & under Girls □ 11 & under Girls □ 11 & under Boys □ 11 & under Boys □ 11 & under Boys □ 12 & 13 Girls □ 12 & 13 Girls □ 12 & 13 Boys □ 12 & 13 Boys □ 12 & 13 Boys □ Door Reg Opens at 7:30am on 10/4/25 □ 14 & 15 Girls □ 14 & 15 Girls □ Up to 3 Events \$70 □ 14 & 15 Boys □ 14 & 15 Boys □ Up to 4 Events \$80 □ 16 & 17 Girls □ 16 & 17 Girls □ 16 & 17 Boys □ 16 & 17 Boys □ 16 & 17 Boys □ 16 & 17 Boys □ Women 18-34 □ Women 18-34 □ Women 18-34 □ Women 35-44 □ Women 35-44 □ Women 35-44 □ Women 45-54 □ Women 45-54 □ Women 45-54 □ Women 55+ □ Women 55+ □ Women 55+	Disab Dali Massassas	Disab Dali Farma	Disab Dali Simbilian	•
□ 11 & under Boys □ 11 & under Boys □ 12 & 13 Girls □ 12 & 13 Girls □ 12 & 13 Boys □ 12 & 13 Boys □ 12 & 13 Boys □ 12 & 13 Boys □ 14 & 15 Girls □ 14 & 15 Girls □ 14 & 15 Boys □ 14 & 15 Boys □ 16 & 17 Girls □ 16 & 17 Girls □ 16 & 17 Boys □ 16 & 17 Boys □ Women 18-34 □ Women 18-34 □ Women 35-44 □ Women 35-44 □ Men 35-44 □ Men 35-44 □ Women 45-54 □ Women 45-54 □ Men 45-54 □ Men 45-54 □ Women 55+ □ Women 55+				Up to 4 Events \$70
□ 12 & 13 Girls □ 12 & 13 Girls □ 12 & 13 Girls □ 12 & 13 Boys □ 12 & 13 Boys □ 12 & 13 Boys □ 14 & 15 Girls □ 14 & 15 Girls □ 14 & 15 Girls □ 14 & 15 Boys □ 14 & 15 Boys □ 14 & 15 Boys □ 16 & 17 Girls □ 16 & 17 Girls □ 16 & 17 Boys □ Women 18-34 □ Women 18-34 □ Women 18-34 □ Women 35-44 □ Women 35-44 □ Women 35-44 □ Women 45-54 □ Women 45-54 □ Women 45-54 □ Women 55+ □ Women 55+ □ Women 55+				
□ 12 & 13 Boys □ 12 & 13 Boys □ 12 & 13 Boys □ 14 & 15 Girls □ 14 & 15 Girls □ 14 & 15 Girls □ 14 & 15 Boys □ 14 & 15 Boys □ 14 & 15 Boys □ 16 & 17 Girls □ 16 & 17 Girls □ 16 & 17 Boys □ Women 18-34 □ Women 18-34 □ Women 18-34 □ Women 35-44 □ Women 35-44 □ Women 35-44 □ Women 45-54 □ Women 45-54 □ Women 45-54 □ Women 55+ □ Women 55+			•	
□ 14 & 15 Girls □ 14 & 15 Girls □ 14 & 15 Girls Up to 3 Events \$70 □ 14 & 15 Boys □ 14 & 15 Boys □ 14 & 15 Boys Up to 4 Events \$80 □ 16 & 17 Girls □ 16 & 17 Girls □ 16 & 17 Boys □ 16 & 17 Boys □ Women 18-34 □ Women 18-34 □ Women 18-34 □ Women 18-34 □ Women 35-44 □ Women 35-44 □ Women 35-44 □ Women 35-44 □ Women 45-54 □ Women 45-54 □ Women 45-54 SPECTATORS - CASH PAYMENT □ Women 55+ □ Women 55+ □ Women 55+				
□ 14 & 15 Boys □ 14 & 15 Boys □ 14 & 15 Boys □ 16 & 17 Girls □ 16 & 17 Girls □ 16 & 17 Boys □ Women 18-34 □ Women 18-34 □ Women 18-34 □ Women 18-34 □ Women 35-44 □ Women 35-44 □ Women 35-44 □ Women 35-44 □ Women 45-54 □ Women 45-54 □ Women 45-54 □ Women 45-54 □ Women 55+ □ Wome	•	•		
□ 16 & 17 Girls □ 16 & 17 Girls □ 16 & 17 Girls □ 16 & 17 Boys □ 16 & 17 Boys □ 16 & 17 Boys □ Women 18-34 □ Women 18-34 □ Women 18-34 □ Men 18-34 □ Men 18-34 □ Men 18-34 □ Women 35-44 □ Women 35-44 □ Women 35-44 □ Women 45-54 □ Men 35-44 □ Women 45-54 □ Women 45-54 □ Women 45-54 □ Women 45-54 □ Women 55+ □ Women 55+				
□ 16 & 17 Boys □ 16 & 17 Boys □ Women 18-34 □ Women 18-34 COMPETITORS - NO CHECKS □ Men 18-34 □ Men 18-34 □ Men 18-34 ON DAY OF EVENT □ Women 35-44 □ Women 35-44 □ Women 35-44 □ Women 35-44 □ Women 45-54 □ Women 45-54 □ Women 45-54 SPECTATORS - CASH PAYMENT □ Women 55+ □ Women 55+ □ Women 55+		-		Up to 4 Events \$80
□ Women 18-34 □ Women 18-34 □ Women 18-34 COMPETITORS - NO CHECKS □ Men 18-34 □ Men 18-34 ON DAY OF EVENT □ Women 35-44 □ Women 35-44 □ Women 35-44 □ Women 45-54 □ Women 45-54 □ Women 45-54 □ Men 45-54 □ Men 45-54 □ Men 45-54 □ Women 55+ □ Women 55+				
□ Men 18-34 □ Men 18-34 ON DAY OF EVENT □ Women 35-44 □ Women 35-44 □ Women 35-44 □ Men 35-44 □ Men 35-44 □ Women 45-54 □ Women 45-54 □ Women 45-54 □ Women 45-54 □ Men 45-54 □ Men 45-54 □ Men 45-54 □ Women 55+ □ Women 55+	•	•		COMPETITORS NO CHECKS
□ Women 35-44 □ Women 35-44 □ Women 35-44 □ Men 35-44 □ Men 35-44 □ Men 35-44 □ Women 45-54 □ Women 45-54 □ Women 45-54 □ Men 45-54 □ Men 45-54 □ Men 45-54 □ Women 55+ □ Women 55+ □ Women 35-44 □ Women 45-54 □ Women 45-54 □ Women 55+ □ Women 55+ □ Women 55+ □ Women 55+				
□ Men 35-44 □ Men 35-44 □ Men 35-44 □ Women 45-54 □ Women 45-54 □ Women 45-54 □ Men 45-54 □ Men 45-54 □ Men 45-54 □ Women 55+ □ Women 55+ □ Women 55+				ON DAT OF EVENT
□ Women 45-54 □ Women 45-54 □ SPECTATORS - CASH PAYMENT □ Men 45-54 □ Men 45-54 ON DAY OF EVENT □ Women 55+ □ Women 55+				
□ Men 45-54 □ Men 45-54 □ Men 45-54 □ Women 55+ □ Women 55+ ON DAY OF EVENT Women 55+				SDECTATORS CASH DAVMENT
□ Women 55+ □ Women 55+				
				UN DAT UP EVENT
11 Men 55+ 11 Men 55+ 11 Men 55+	☐ Men 55+	☐ Men 55+	☐ Women 55+	

I, the undersigned, hereby release James Gadson, James Gadson School of Martial Arts, Survival of the Fittest Martial Arts Championships, I.P.P.O.N.E., Tri-State Referee Association, Windsor High School, the Town of Windsor, and all persons associated with this event in any capacity, from being sued or any liability due to injuries, etc. that may occur as a result of my attendance and/or participation at the above specified event. Furthermore, I hereby waive any compensation whatsoever for the use of pictures, movies, media coverage, etc. utilized by those associated with this event at any time.

SURVIVAL OF THE FITTEST

OPEN MARTIAL ARTS CHAMPIONSHIPS

Saturday, October 4, 2025

Windsor High School - 50 Sage Park Rd. - Windsor, CT



Amber Rutherford Forms & Weapons



Jayden Dimacali
Jr. Weapons



Quinlynn Brooks

Jr. Forms

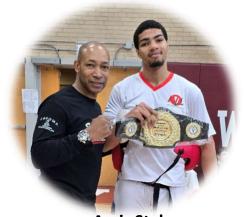
2024 Black Belt Grand Champions



Elizabeth Kenny Women's Fighting



Allan Acosta Self-Defense



Amir Styles Men's Fighting

Door registration begins at 7:30am

Self-defense division starts at 8:30am

Weapons, Forms and Fighting divisions to follow

For more information, visit www.ippone.com
or contact Professor James Gadson at
JGSOMA96@GMAIL.COM
or (860) 752-9010