

PROFESSOR JAMES GADSON PRESENTS



SURVIVAL OF THE FITTEST OPEN MARTIAL ARTS CHAMPIONSHIPS

Saturday, October 4, 2025



JGSOMA
JAMES GADSON SCHOOL OF MARTIAL ARTS

**Windsor High School
50 Sage Park Rd. – Windsor, CT**

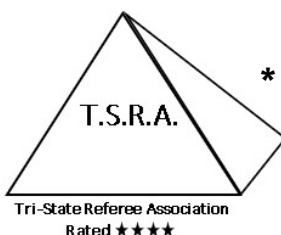
Door registration begins at 7:30AM



I.P.P.O.N.E. RATED

SELF-DEFENSE DIVISION STARTS AT 8:30AM

CASH AWARD FOR ADULT BLACK BELT GRAND CHAMPIONS



***** Awards for 1st – 4th Place *****



Dear Martial Artists and Supporters,

*We hope that you will join us for the 2025 **Survival of the Fittest** Open Martial Arts Championships!*

Thank you for your support at prior tournaments. We look forward to your participation in making this year's event even more successful. We encourage positive, healthy sportsmanship and are confident you will enjoy this event. Thank you in advance for your support and good luck to all.

Yours in the Martial Arts, Professor James Gadson

Date:	Saturday, October 4, 2025 – Opening Ceremony will begin after Self-Defense Grands
Location:	Windsor High School – 50 Sage Park Rd. – Windsor, CT 06095
Rating:	I.P.P.O.N.E. and Tri-State Referee Association Rated
Pre-Registration:	\$60.00 for up to 3 events and \$70 for up to 4 events if registered by September 26, 2025. Absolutely no refunds. Make checks payable to: James Gadson, 893 Plymouth St, Windsor, CT 06095
Registration:	\$70.00 for up to 3 events and \$80 for up to 4 events on the day of the tournament. No checks accepted at the door please. Registration tables open at 7:30a.m.
Self Defense Division:	All self-defense competitors must be ready to compete at 8:15a.m. Division will start promptly at 8:30a.m.
Weapons Division:	Youth 17 and younger – Intermediate, Advance, Black belts Adult divisions – All ranks
Please Note:	Some adult black belt divisions will begin immediately after self-defense grand championships. Don't miss your division. Sorry, no refunds.
Spectator Fee:	\$10.00 (Ages 13 & up); \$5.00 (Ages 6-12); Ages 5 and under – Free
Grands:	Cash for Adult Black Belts; Unique Prizes for Jr. Black Belts
Safety Equipment:	Soft-padded (non-cloth) hands (fingers and thumb covered), feet (all toes covered), headgear and mouthpiece are mandatory in all fighting divisions. Protective cup is mandatory for all male competitors. Ringstar footgear is acceptable in black belt divisions. Light contact to face is allowed in adult and youth black belt divisions only.
Special Request:	All Black Belts officiating please wear a gi or school uniform.
Coaching:	Respectful coaching is allowed.

***Survival of the Fittest Presents
Masters of Self Defense Showdown
“Special Event Prior to the Opening Ceremony”***

Starts at 8:30a.m. Sharp

An opportunity for schools to represent their expertise and demonstrate skill and proficiency in self-defense technique

- All competitors must be ***at least 18 years of age.***
- Competitors will have a maximum of three minutes to provide a demonstration of their skills.
- Judges will look for fluidity of technique, level of difficulty, execution, and effectiveness. Control over the attacker is imperative. Multiple attackers will be considered in the judges' score.
- There will be five judges for this division.
- All divisions will be coed.

Categories for under belts in this competition are:

Adult Beginners – Ages 18 and Up

Adult Int/Adv – Ages 18 and Up

Categories for Black Belts in this competition are:

Adult Black Belt Ages 18-34

Adult Black Belt Ages 35-49

Adult Black Belt Ages 50 and Up

Grand Championship for this Special Event!

Cash Prize for Grand Champion

SURVIVAL OF THE FITTEST

Name _____
Address _____
City _____ State _____ Zip _____
Rank _____ Age _____ Tel _____
Martial Arts School _____
Instructor _____
Email _____

Novice (Wht-Yel-Org)
Intermediate (Green, Purple, Blue)
Advance (Red, Brown)

Forms ☐ Fighting ☐
Girls ☐ Boys ☐

Youth Weapons
Int. & Adv.

Forms ☐ Fighting ☐
Weapons ☐
Women ☐ Men ☐

Self Defense
Division
STARTS AT 8:30AM SHARP

- ☐ 6 & under
- ☐ 7 & 8 Novice
- ☐ 7 & 8 Inter.
- ☐ 7 & 8 Adv.
- ☐ 9 & 10 Novice
- ☐ 9 & 10 Inter.
- ☐ 9 & 10 Adv.
- ☐ 11 & 12 Novice
- ☐ 11 & 12 Inter.
- ☐ 11 & 12 Adv.
- ☐ 13 & 14 Novice
- ☐ 13 & 14 Inter.
- ☐ 13 & 14 Adv.
- ☐ 15 - 17 Novice
- ☐ 15 - 17 Inter.
- ☐ 15 - 17 Adv.

- ☐ 8 & Younger Girls
- ☐ 8 & Younger Boys
- ☐ 9 & 10 Girls
- ☐ 9 & 10 Boys
- ☐ 11 & 12 Girls
- ☐ 11 & 12 Boys
- ☐ 13 & 14 Girls
- ☐ 13 & 14 Boys
- ☐ 15-17 Girls
- ☐ 15-17 Boys

Physically Challenged

- ☐ Weapons
- ☐ Fighting
- ☐ Forms

- ☐ 18-34 Novice
- ☐ 18-34 Int.
- ☐ 18-34 Adv.
- ☐ 35 & Up Novice
- ☐ 35 & Up Int.
- ☐ 35 & Up Adv.

- ☐ 18+ Beginners Coed
- ☐ 18+ Int/Adv Coed
- ☐ Black Belt 18-34 Coed
- ☐ Black Belt 35-49 Coed
- ☐ Black Belt 50 and Up Coed

Make Checks Payable to:
James Gadson
893 Plymouth St.
Windsor, CT 06095
JGSOMA96@GMAIL.COM

Pre-Reg Due By 9/26/25
Up to 3 Events \$60
Up to 4 Events \$70

Black Belt Weapons

- ☐ 11 & under Girls
- ☐ 11 & under Boys
- ☐ 12 & 13 Girls
- ☐ 12 & 13 Boys
- ☐ 14 & 15 Girls
- ☐ 14 & 15 Boys
- ☐ 16 & 17 Girls
- ☐ 16 & 17 Boys
- ☐ Women 18-34
- ☐ Men 18-34
- ☐ Women 35-44
- ☐ Men 35-44
- ☐ Women 45-54
- ☐ Men 45-54
- ☐ Women 55+
- ☐ Men 55+

Black Belt Forms

- ☐ 11 & under Girls
- ☐ 11 & under Boys
- ☐ 12 & 13 Girls
- ☐ 12 & 13 Boys
- ☐ 14 & 15 Girls
- ☐ 14 & 15 Boys
- ☐ 16 & 17 Girls
- ☐ 16 & 17 Boys
- ☐ Women 18-34
- ☐ Men 18-34
- ☐ Women 35-44
- ☐ Men 35-44
- ☐ Women 45-54
- ☐ Men 45-54
- ☐ Women 55+
- ☐ Men 55+

Black Belt Fighting

- ☐ 11 & under Girls
- ☐ 11 & under Boys
- ☐ 12 & 13 Girls
- ☐ 12 & 13 Boys
- ☐ 14 & 15 Girls
- ☐ 14 & 15 Boys
- ☐ 16 & 17 Girls
- ☐ 16 & 17 Boys
- ☐ Women 18-34
- ☐ Men 18-34
- ☐ Women 35-44
- ☐ Men 35-44
- ☐ Women 45-54
- ☐ Men 45-54
- ☐ Women 55+
- ☐ Men 55+

Door Reg Opens at 7:30am on 10/4/25
Up to 3 Events \$70
Up to 4 Events \$80

**COMPETITORS - NO CHECKS
ON DAY OF EVENT**

**SPECTATORS - CASH PAYMENT
ON DAY OF EVENT**

I, the undersigned, hereby release James Gadson, James Gadson School of Martial Arts, Survival of the Fittest Martial Arts Championships, I.P.P.O.N.E., Tri-State Referee Association, Windsor High School, the Town of Windsor, and all persons associated with this event in any capacity, from being sued or any liability due to injuries, etc. that may occur as a result of my attendance and/or participation at the above specified event. Furthermore, I hereby waive any compensation whatsoever for the use of pictures, movies, media coverage, etc. utilized by those associated with this event at any time.

Signature

Signature of Parent/Guardian if under 18

Date

SURVIVAL OF THE FITTEST

OPEN MARTIAL ARTS CHAMPIONSHIPS

Saturday, October 4, 2025

Windsor High School – 50 Sage Park Rd. – Windsor, CT



Amber Rutherford
Forms & Weapons



Jayden Dimacali
Jr. Weapons



Quinlynn Brooks
Jr. Forms

2024 Black Belt Grand Champions



Elizabeth Kenny
Women's Fighting



Allan Acosta
Self-Defense



Amir Styles
Men's Fighting

Door registration begins at 7:30am

Self-defense division starts at 8:30am

Weapons, Forms and Fighting divisions to follow

For more information, visit WWW.IPPONE.COM

or contact Professor James Gadson at

JGSOMA96@GMAIL.COM or (860) 752-9010