

Sa Bom Nim Andrew D'Amato Proudly Presents The

19th Annual

EXCEL

OPEN

SATURDAY, JUNE 1, 2024
TERRYVILLE HIGH SCHOOL
TERRYVILLE, CT

WEAPONS-FORMS-SPARRING

SPECIAL EVENT - SYNCHRONIZED FORMS

ALL STYLES WELCOME



I.P.P.O.N.E.
RATED

REGISTRATION BEGINS AT 7:30 AM

SYNCHRONIZED BEGINS 8:30AM

ALL OTHER DIVISIONS TO FOLLOW

FOR MORE INFORMATION

CONTACT ANDY D'AMATO

(860) 582-1950

Welcome All,

You are cordially invited to attend the 19th Annual Excel Open. I would like to thank everyone for your support last year and I hope that everyone in attendance had a good experience. My tournament staff feels this year will run just as smooth as last year with the support of fellow competitors and promoters. Let's all have fun and be safe!

Yours in the Martial Arts
Sa Bom Nim Andy D'Amato

- Date: Saturday, June 1, 2024
- Time: Registration begins at 7:30 a.m. Synchronized forms begins at 8:30 a.m. All other divisions to follow.
- Location: Terryville High School-33 North Harwinton Ave, Terryville, Connecticut, 06786
- Rating: I.P.P.O.N.E.
- Pre-Registration: \$60 for all events if post marked by May 24
Checks payable to: Andrew D'Amato, 48 Buckridge Road, Harwinton, CT 06791
- Registration: \$70 for all events if registering day of the tournament. NO CHECKS AT THE DOOR
- Synchronized: All team members must be registered competitors. Teams of 2 or more people. \$10 per team member. Pre-Registration only. All belts welcome to participate.
- Spectator Fee: \$10-Please pay at the door. NO CHECKS AT THE DOOR
- Safety Equipment: Foam-dipped hands, feet, headgear and mouthpiece are mandatory in all fighting divisions. Protective cup is mandatory for all male competitors. All competitors must provide their own equipment.
- Weapons: Intermediate ranks and up only
- Grands: Awards for colored belts and black belts
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DIRECTIONS TO TERRYVILLE HIGH SCHOOL

FROM MASS PIKE AND I-91

Take I-84 west to exit 38 (route 6 west/Bristol). Continue on route 6 for approx. 12 ½ miles into Terryville. Turn right onto Harwinton Ave. (Terryville Chevrolet will be on your right, Dunkin Donuts will be on your left). Approx. ½ mile ahead, Harwinton Ave. turns left. Take a quick right onto North Harwinton Ave. Terryville High School will be on your left.

FROM ROUTE 8 NORTH OR SOUTH

Take exit 39. Follow route 6 east approx. 2 ½ miles. Take a left onto Harwinton Ave. (McDonald's will be on your right) Follow directions above.

LOOK FOR KARATE SIGNS

THE EXCEL OPEN

TERRYVILLE HIGH SCHOOL-TERRYVILLE, CT-JUNE 1, 2024

NAME _____
ADDRESS _____
CITY _____ STATE _____ ZIP _____
AGE _____ RANK _____ PHONE _____
KARATE SCHOOL _____
INSTRUCTOR _____

\$60 for all events if registered by May 24

\$70 for all events if registering day of the event

Make checks payable to:
Andrew D'Amato
48 Buckridge Road
Harwinton, CT 06791

NO CHECKS ON THE DAY OF THE EVENT

Divisions may be combined or split if necessary

- BOYS** **GIRLS**
 FORMS **FIGHTING**

- 6 and under all ranks
- 7-8 Novice
- 7-8 Intermediate
- 7-8 Advanced
- 9-10 Novice
- 9-10 Intermediate
- 9-10 Advanced
- 11-12 Novice
- 11-12 Intermediate
- 11-12 Advanced
- 13-14 Novice
- 13-14 Intermediate
- 13-14 Advanced
- 15-17 Novice
- 15-17 Intermediate
- 15-17 Advanced

Special Needs

- Weapons
- Forms
- Fighting

WEAPONS

INTERMEDIATE AND
HIGHER RANKS ONLY

- 10 and under boys
- 10 and under girls
- 11-12 boys
- 11-12 girls
- 13-14 Coed
- 15-17 Coed
- 18+ Men
- 18+ Women

BLACK BELT DIVISIONS

- FORMS FIGHTING WEAPONS

- 11 and under Boys
- 11 and under Girls
- 12-13 Boys
- 12-13 Girls
- 14-15 Boys
- 14-15 Girls
- 16-17 Boys
- 16-17 Girls
- 18-34 Men
- 18-34 Women
- 35-49 Men
- 35-49 Women
- 50+ Men
- 50+ Women

ADULT

- FORMS** **FIGHTING**

- 18-34 Men Novice
- 18-34 Men Int/Adv
- 18-34 Women Novice
- 18-34 Women Int/Adv
- 35+ Men Novice
- 35+ Men Int/Adv
- 35+ Women Novice
- 35+ Women Int/Adv

o SYNCHRONIZED FORMS

TEAM NAME _____

\$10 per team member. Must be registered competitors. Pre-Registration only.

I, the under signed, hereby release the town of Terryville, Terryville High School, Andrew D'Amato, D'Amato's Excel Martial Arts and all persons associated with this event in any capacity from any liability due to injuries, etc. that I may incur as a result of my attendance and/or participation at the above named event. Furthermore, I hereby waive any compensation whatsoever for the use of pictures, movies, media coverage, etc., by the promoters and those designated by the promoters.

Signature (parent or guardian if under 18)

Date